

Cheshire East Council

Date of Meeting: 17th May 2017

Report of: Executive Director People – Mark Palethorpe,
Subject/Title: Strategic Partnership for Children and Young Peoples Emotional Health and Wellbeing

Portfolio Holder: Cllr Paul Bates (Communities and Health)
Cllr Liz Durham (Children and Families)

1. Report Summary

- 1.1. This paper describes our commissioning approach to Children and Young Peoples emotional health and wellbeing. **Investment will be allocated within this area to facilitate an emphasis on prevention and early intervention.** Emotional Health and Wellbeing is everybody's business and while this describes public health investment it is proposed that developing the detail of the programmes is delegated to a number of specified partnership groups. This will provide the opportunity for other commissioners to pool resources and for a greater impact to be achieved.
- 1.2. Together with the other elements of our commissioning plan, this programme supports:
 - 1.2.1. The Children's and Young People's Plan Priority 3: Children and young people experience good emotional and mental health and wellbeing. Priority 3 plan also serves as our local Children and Young People's Mental Health Transformation Plan which is required by the Department of Health in order to release resources to the CCGs to improve Children and Young People's Mental Health Services.
 - 1.2.2. Developing plans on a pioneer footprint around mental health commissioning.
 - 1.2.3. Council's Outcome 5 – 'People live well and for longer' described as local people have healthy lifestyles and access to good culture, leisure and recreational facilities including the Authorities duty to take steps to improve the health of the people in its area.
 - 1.2.4. Council's Outcome 3 - People have the Life Skills and Education the need to Thrive. The projects within this plan disproportionately focus on children and young people. Self-efficacy, self-esteem and self-confidence are known to contribute to future employability. The projects in this plan will focus on improving mental wellbeing in all children and young people with a focus on those who are most vulnerable to mental health problems and poor emotional wellbeing.
 - 1.2.5. It also aligns with the work of the Communities Team and the development of vibrant and sustainable 'Connected Communities', providing the right services in the right place at the right time and co-produced by residents.
 - 1.2.6. The total pooled funding will be held by Cheshire East Council as the accountable body.

2. Recommendation

- 2.1. Council approves entering into a Memorandum of Understanding (MOU) with East Cheshire CCG and South Cheshire CCG for the delivery of the Emotionally Healthy Schools jointly funded project on terms to be approved by the Executive Director People in consultation with the Portfolio Holders for Communities and Health, and Children and Families.

3. Other Options Considered

- 3.1 For Cheshire East Council and CCGs to commission services separately and not via a pooled funding and MOU approach.

4. Reasons for Recommendation

4.1 Promoting children and young people's emotional health and wellbeing - A whole school approach (Emotionally Healthy Schools)

This project will target the 63,000 5-19 year olds living in Cheshire East, particularly 6,300 with a mental disorder, 14,700 who have been bullied and 2,000 who self-harm

This project (Emotionally Healthy Schools – Phase 1) has been successfully delivered as a pilot that worked in partnership with six secondary schools to all 24 secondary schools in Cheshire East. Multidisciplinary teams (including CAMHS lead, third sector emotional health support and school pastoral staff) supported by a multiagency emotional healthy schools steering group are working together to understand their maturity in relation to the following eight evidenced based areas:

- **Leadership and management** that supports and champions efforts to promote emotional health and wellbeing
- **Curriculum, teaching and learning** to promote resilience and support social and emotional learning
- Enabling **student voice** to influence decisions
- **Staff development** to support their own wellbeing and that of students
- **Identifying need and monitoring impact** of interventions
- **Working with parents/carers**
- **Targeted support** and appropriate referral
- An **ethos and environment** that promotes respect and values diversity

Phase 2 of Emotionally Healthy Schools is now being rolled out to all schools across Cheshire East, based on learning from the pilot.

4.2 What outcomes will it deliver?

Promoting children and young people's emotional health and wellbeing - A whole school approach	Outcomes
Emotionally Health	Reduction in pupil absence Increase in school attainment Reduction in NEETs Reduction in first time entrants into YJS Reduction in under 18 conceptions Increase in self-reported wellbeing Reduction in self-harm

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Schools	Reduction in suicide Reduction in sickness absence Increase in schools rated outstanding by OFSTED Increase in future employability
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4.3 What funding will we be investing?

Funding will be pooled in partnership with East Cheshire CCG and South Cheshire CCG, with a total combined budget of £1,456,000, of which £1,170,000 is from Public Health Funding and the balance being funding held by the two CCG's. The parties will cooperate and collaborate to deliver the project, as set out and agreed in a Memorandum of Understanding (MOU) to be entered into by the parties. The pooled funding will be held by Cheshire East Council as a joint commissioning budget for mental health and wellbeing prevention and early intervention activities.

Emotionally Healthy Schools Programme Income	
Children's Public Health Allocation	£770,000
South Cheshire CCG, NHSE Grant	£100,000
East Cheshire CCG	£85,000
South Cheshire CCG	£76,000
South Cheshire CCG, DfE Grant	£25,000
Public Health Allocation	£400,000
Total Income	£1,456,000

A strategic partnership group (Children and Young Peoples Mental Health and Wellbeing Strategy Group) has been established to report on progress and to be accountable to the Health and Wellbeing Board.

5. Background/Chronology

5.1 A key driver for this the developments of the Emotionally Health Schools programme was the launch of the DoH "Future in Mind" report (2015) which gave the following recommendations:

- promoting resilience, prevention and early intervention
- improving access to effective support – a system without tiers
- care for the most vulnerable
- accountability and transparency
- developing the workforce

The full report is available from:

www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf

5.2 The Annual Report of the Director of Public Health (2015) focused on the mental health and wellbeing of young people in Cheshire East. A key recommendation of the report was the development of Children and Young Peoples Mental Health Joint Strategic Needs Assessment (JSNA).

A copy of the Annual Report of the Director of Public Health (2015) is available from www.cheshireeast.gov.uk/council_and_democracy/your_council/health_and_wellbeing_board/health_and_wellbeing_board.aspx

A copy of the Joint Children & Young People's Mental Health JSNA: Cheshire East and Cheshire West is available from:

www.cheshireeast.gov.uk/social_care_and_health/jsna/jsna.aspx

5.3 The JSNA has been used as part of the development for the Children and Young People Local Transformation Plan (LTP). The LTP has been developed in partnership across the newly formed Children and Young People's Mental Health Strategy Group (CYP MH SG). The CYP MH SG will lead the developments of the LTP which includes the Emotionally Healthy Schools Programme.

6. Wards Affected and Local Ward Members

6.1 The Emotional Health and Wellbeing Programme will affect all wards and as a result all local ward members.

7. Risk Management & Implications of Recommendation

7.1 Legal Implications

The intention of the MOU is to establish the obligation of the parties in relation to the Emotionally Healthy Schools (Jointly Funded) Project. It confirms the funding contributions and responsibilities of each of the parties in delivering that joint project. The MOU is intended to facilitate the operations of the parties' agreement to work collaboratively and does not imply an enforceable legal commitment between the parties.

Section E of the Council's Financial Procedure Rules set out requirements and approval routes for Partnerships and Jointly Funded Projects, such as this. The Council's gross contribution to this Project is £1,170,000, and therefore in accordance with Rule E.18, Full Council approval is required to enter any agreement for the jointly funded project, in this case the MOU.

The overall value of the MOU is in excess of £1 million, and therefore (in accordance with Rule 5.1.3) to be entered into by the Council it must be executed under seal by Legal Services.

8. Contact Information

Contact details for this report are as follows:-

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